



Indian School Psychology
Association
Estd. 2009

A PAN-INDIAN INITIATIVE FOR
PSYCHOLOGICALLY HEALTHY AND INCLUSIVE SCHOOLS
Professional Education | Research | Advocacy | Collaboration

Knowledge
Compassion
Inclusion
Action

InSPA

PROFILE 2026

Every Child Matters – Every Mind Matters.



Learn



Support



Include



Empower



Collaborate



Together
for Brighter
Futures



Indian School Psychology Association (InSPA)

#17, 14th Street, Krishna Nagar, Puducherry – 605 008, India.

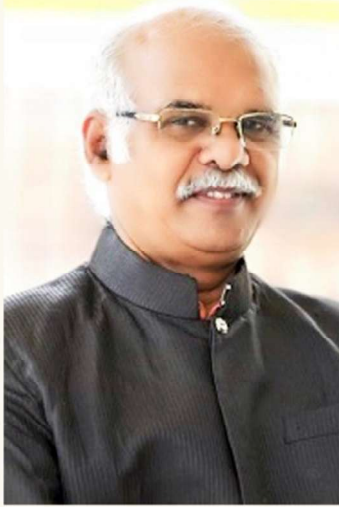
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PREFACE

INSPA PROFILE • 2026

A MESSAGE FROM THE PRESIDENT



Prof. Panch. Ramalingam
President, InSPA

It gives me immense pleasure to present the Profile of the Indian School Psychology Association (InSPA) – 2026. Since its establishment in 2009, InSPA has remained committed to promoting School Psychology as an important professional discipline and to advancing the psychological well-being, educational development, mental health, and holistic development of children and adolescents.

The journey of InSPA has been shaped by a shared commitment among psychologists, counsellors, teacher educators, researchers, school leaders, special educators, and mental health professionals. Through professional education, research, conferences, training programmes, publications, school mental health initiatives, counselling services, and national and international collaboration, the Association has created an expanding platform for professional dialogue and capacity building.

This Profile brings together the major milestones, vision, mission, objectives, core values, activities, publications, conferences, awards, collaborations, and strategic priorities of InSPA. It reflects our continuing emphasis on child-centred education, scientific integrity, professional ethics, inclusiveness, respect for diversity, social justice, collaboration, innovation, lifelong learning, and service to society.

InSPA has also responded to emerging priorities in School Psychology, including neurodiversity, digital counselling, positive psychology, and artificial intelligence in educational settings. Our future direction is centred on expanding school psychological services, strengthening teacher training, enhancing research and publications, promoting child mental health, developing digital learning resources, fostering international partnerships, and supporting evidence-based educational practices.

I gratefully acknowledge the contributions of our members, office bearers, academic partners, institutions, researchers, educators, school professionals, and collaborators whose sustained efforts have strengthened the growth of InSPA. Their commitment has helped build a professional network dedicated to psychologically healthy, inclusive, and learner-centred schools.

As we look ahead, I am confident that InSPA will continue to contribute meaningfully to the development of School Psychology in India and to strengthen its national and international partnerships. Let this Profile serve not merely as a record of our achievements, but as an invitation to work together for a future in which every child is understood, supported, respected, and empowered to thrive.

“Every Child Matters – Every Mind Matters.”

With best wishes for the continued advancement of School Psychology

Prof. Panch. Ramalingam

President, Indian School Psychology Association (InSPA) • 2026



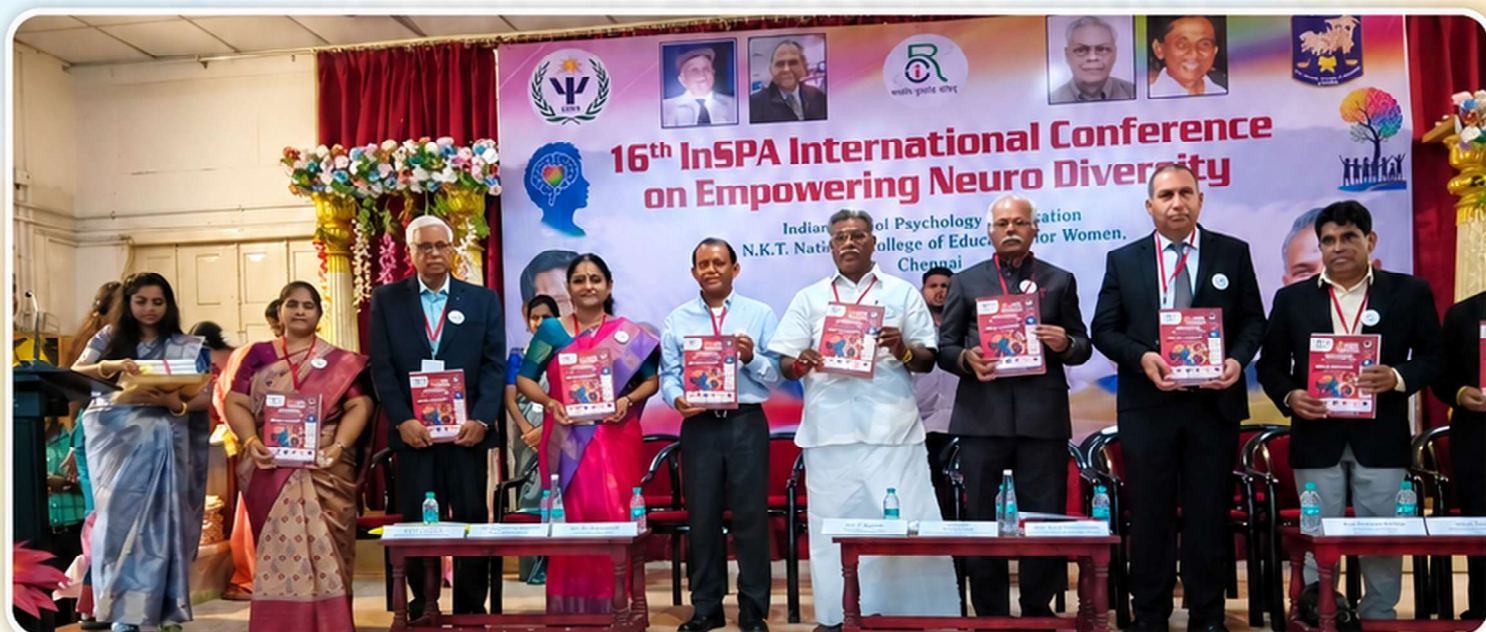
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Every Child Matters
Every Mind Matters



Indian School Psychology Association (InSPA)

Promoting the Psychological Well-being, Learning and Holistic Development of Every Child



India's First National Professional Organization

The Indian School Psychology Association (InSPA) is India's first national professional organization exclusively dedicated to the promotion and advancement of School Psychology as a specialized discipline. Established with the vision of improving the psychological well-being, educational development, and mental health of children and adolescents, the Association has evolved into a vibrant professional body comprising **psychologists, counsellors, teacher educators, researchers, school leaders, special educators, and mental health professionals.**

Since its inception in **2009**, InSPA has worked tirelessly to promote evidence-based psychological services in schools, strengthen professional education and research, facilitate interdisciplinary collaboration, and advocate for child-centred educational practices. Over the past **sixteen years**, the Association has emerged as a nationally respected platform for professional dialogue, capacity building, policy advocacy, and international collaboration in School Psychology.



Vision

To establish School Psychology as an indispensable professional discipline that promotes the psychological well-being, mental health, learning, and holistic development of every child.



Mission

To promote School Psychology, enhance children's well-being, support inclusive education, strengthen counselling services, encourage research, build professional competencies, foster collaborations, and influence educational policies.



Core Values

Child-centred education | Scientific integrity
Professional ethics | Inclusiveness
Respect for diversity | Social justice
Collaboration | Innovation | Lifelong learning
Service to society

Building Brighter Futures for Children





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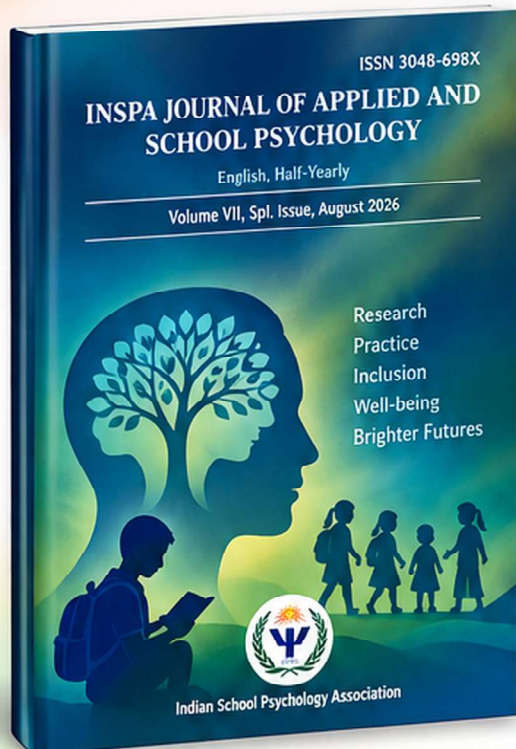
Every Child Matters – Every Mind Matters

Professional Education | Research | Advocacy | Collaboration



InSPA Journal of Applied and School Psychology (IJASP)

A Peer-Reviewed Journal of the Indian School Psychology Association



About the Journal

The InSPA Journal of Applied and School Psychology (IJASP) is a peer-reviewed, bi-annual publication of the Indian School Psychology Association (InSPA). It publishes original research, theoretical papers, review articles, case studies, and practice-based reports on contemporary issues in school psychology, counselling, child development, mental health, and inclusive education.

IJASP aims to promote interdisciplinary scholarship and provide a platform for researchers, practitioners, teachers, and policy makers to share knowledge, research findings, and innovative practices that support the psychological well-being and holistic development of children and adolescents.



Peer-Reviewed Research

Publishes high-quality, peer-reviewed research articles and scholarly work.



Interdisciplinary Scholarship

Encourages contributions from psychology, education, counselling, special education and allied fields.



Platform for Young Researchers

Provides opportunities for PhD scholars, post-doctoral researchers and early-career academics.



International Submissions

Welcomes research contributions from India and around the world.



Evidence-Based Practice

Supports research and practice that informs policies and improves outcomes for children and schools.

KEY AREAS



Child Development



Mental Health and Well-being



School Counselling



Inclusive Education



Educational Psychology



Research and Innovation



Policy and Practice

CALL FOR PAPERS

- Original Research Articles
- Review Articles
- Case Studies
- Practice Notes
- Book Reviews
- Research from India and Abroad



OTHER PUBLICATIONS

The Association has also published books, conference proceedings, training manuals, and educational materials relating to School Psychology, counselling, child development, and inclusive education.



Visit IJASP Online

www.ijasp.in

For author guidelines, submission and more details.



*Research for Healthier Minds,
Happier Schools and a Brighter Tomorrow*

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*Knowledge
for Inclusive
and Compassionate
Societies*



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A Pan-Indian Initiative for Inclusive Education

InSPA BOOK PROJECT 2021

SCHOOL PSYCHOLOGY IN THE INDIAN CONTEXT

ONE BOOK – MANY LANGUAGES – ONE VISION

About the Book

In India, school psychology has yet to receive recognition as an independent field of study within psychology. In contrast, academic institutions in Western developed nations have been offering school psychology training programs for many decades. School psychology is offered at the master's and doctoral level in many universities. It is primarily concerned with the educational and psychological well-being of children, adolescents, and young adults. School psychologists often work in multiple settings such as schools, hospitals, university settings, and in private practice. As mental health professionals, school psychologists are unique, in that they are trained in both, psychology and education. They are trained to carry out a variety of tasks such as psychological evaluations, psycho-educational assessments, developing interventions and providing individual and/or family therapy. They are expected to conduct themselves in accordance with the ethical, legal and administrative codes of their profession.

This book will enhance confidence among the school teachers to train the children in schools, school psychology professionals to serve children at home and school when they realize that they are being understood, trusted and encouraged.

"A must-read for psychologists, educators, counsellors and students."

– Prof. Panch. Ramalingam

*Different
Languages
Same Knowledge
Stronger Society*



Authored by
Prof. Panch. Ramalingam
President, InSPA
Pondicherry University



Evidence-Based
Approaches



Useful for Schools,
Colleges & Universities



Supports Mental
Health & Well-being



Builds Inclusive
and Empowering
Learning Environments

TRANSLATED IN 16 INDIAN LANGUAGES, NEPALI AND ARABIC



Assamese



Bengali



Gujarati



Hindi



Kannada



Malayalam



Mizo



Marathi



Punjabi



Telugu



Manipuri



Urdu



Oriya



Kashmiri



Nepali



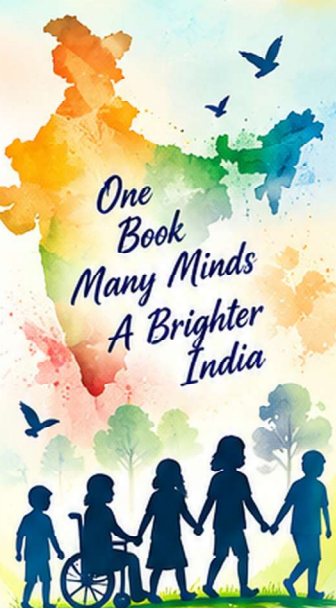
Arabic

No	Language	Name of Translating Author(s)
1	Assamese	Dr. Mala Chaliha, Guwahati
2	Bengali	Dr. D. Dutta Roy, Kolkata
3	Gujarati	Dr. Navin Patel, Ahmedabad
4	Hindi	Dr. Reena Singh, Bhopal and Dr. Rajendra Singh
5	Kannada	Dr. Suneetha Hangal, Hubballi
6	Malayalam	Ms. Navneetha K, Calicut
7	Marathi	Mrs. Smita Pagnis, and Dr. Reena Singh, Bhopal
8	Mizo	Dr. Rinpari Ralte, Aizawl
9	Punjabi	Dr. Jagpreet Kaur, Patiala
10	Sanskrit	Dr. Anil Pratap Giri, Motihari
11	Sindhi	Shri Bhagwan Babani and Shri. Balu Choithani, Bhopal
12	Tamil	Dr. Panch. Ramalingam, Puducherry
13	Telugu	Dr. Madhukar Gampal, Hyderabad
14	Urdu	Dr. Razi Faraz Khan, Bhopal
15	Konkani	Prof. Janet Fernandes, Goa
16	Nepali	Dr. Narendra Singh, Nepal

*"Different languages
Same knowledge
Stronger society."*

For a Mentally Healthy,
Inclusive and Empowered Generation

*Inclusive Minds
Inclusive Schools
Inclusive India*



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Knowledge
for Inclusive
and Compassionate Societies

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Every Child Matters – Every Mind Matters.

Recognising
Contributions
Building Brighter
Futures

People
Research
Schools
Communities
Better Futures

ANNUAL InSPA AWARDS

Honouring Excellence in School Psychology

To promote school psychology in India and acknowledge the contributions and services provided by individuals and institutions, the InSPA has instituted the following awards and presented annually.



1 InSPA Ratna Award

(Cash award of Rs. 5,000/-)



The Governing Council of InSPA is pleased to honour contribution to propagate school psychology services by translating the book, "School Psychology in the Indian Context" authored by Dr. Panch. Ramalingam in different languages. The award carries a cash prize of Rs. 5,000/- and a Certificate.

2 InSPA - Prof. Panch. Ramalingam Young Scientist Award for Post Doctoral/PhD Research Scholar (Cash Award of Rs. 10,000/-)



This is bestowed on an individual PhD/Post Doctoral Research scholar for his/her remarkable School Psychology research work/publication/fieldwork. The award has been instituted by Prof. Panch. Ramalingam to encourage research in School Psychology.

3 InSPA Educational Excellence Award



This award is conferred by InSPA for an educational institution of the year for its remarkable School Psychology services. The award has been instituted with the honour of Gujarat Law Society University, Ahmadabad. Nominations may be submitted by InSPA members on or before 31st March each year. The Governing Council will select the institution based on merits and confer the award during the annual conference.

4 InSPA - InSPA International Leadership Award for School Psychology Services



This award is bestowed on an individual for his/her remarkable School Psychology services at the international level. Prof. Janet Muscut, Secretary, ISPA, United Kingdom has instituted the award in 2016.

5 InSPA - APSPT Excellence Leadership Award for School Psychology Services



This award is for the excellent educational services rendered for society and the nation by creating awareness among teachers and students on school psychology services. The award has been instituted by the Asia Pacific School Psychology Trust, Puducherry in 2023.

6 Prof. G.P. Thakur Memorial Award for Outstanding Leadership



This award is bestowed on an individual for his/her outstanding leadership in School Psychology services. Prof. G.P. Thakur has instituted this award in 2018.

7 Shri and Smt. P. A. Sharma Excellence Award



This award is bestowed for the excellent services in higher education. Prof. Kiran Devendra, New Delhi instituted this award in memory of her father and mother in 2017.

8 Prof. Devendra K. Choudhry InSPA School Psychology Award



This award is bestowed on an individual best trainer of school psychology. Prof. Kiran Devendra, New Delhi instituted this award in memory of her husband in 2018.

9 InSPA - P. K. Subbaraja Trust Best Performance Award (Five Persons)



This prestigious award is given to those who have contributed extraordinarily for the promotion of School Psychology services. P. K. Subbaraja Trust, Rajapalayam, Tamil Nadu has instituted this award in 2015.

10 Prof. Manju Thakur Leadership Award



This is bestowed on an individual for his/her remarkable School Psychology services in schools. Prof. G.P. Thakur, Former President, InSPA, New Delhi, instituted this award in 2017.

11 Prof. Erika Voigt Young Scientist Award in School Psychology



This is bestowed on an individual PhD/MPhil Research scholar for his/her remarkable School Psychology research work/publication/fieldwork. Prof. Erika Voigt, School Psychologist, Germany has instituted this award in 2016.

12 Shri. P. Panchalan – InSPA Best Paper Award 2026



This is bestowed on the best paper published in the book/InSPA Journal of Applied and School Psychology. Prof. Panch. Ramalingam, President InSPA instituted this award in 2018 in memory of his father.

13 Dr. D. Rajendran Best School Counsellor Award



This award is bestowed on an individual best school counsellor. Dr. D. Rajendran, Joint Director of School Education, Chennai has instituted this award in 2022.

14 Ln. Dr. Ratna Natarajan Best Educationist Award



This award is bestowed on the best individual educationist in the country. Dr. Ratna Natarajan, Former Additional Director of Student Welfare, Pondicherry University has instituted this award in 2021.

15 Prof. P. Jeyachandran Best Counselling Psychologist Award



This award is bestowed on the best individual psychologist in the country.

16 Dr. Barbara Hanfstingl – InSPA Best Paper Award



This award is given annually to the best research paper submitted for presentation at the InSPA annual conference. Dr. Barbara Hanfstingl, Klagenfurt University, Austria has instituted this award in 2016.

Healthy Minds • Inclusive Schools • Brighter Futures



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Support



Include



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Together for
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THEME OF THE InSPA CONFERENCES

A Journey of Knowledge, Collaboration and Commitment (2011 – 2026)

Year	Theme	Venue	LOC / Chair
2026	Organised 16th International Conference on "Empowering Neurodiversity"	NKT National College of Education for Women, Chennai	Dr. Chamuneswary R
2025	15th International Conference on "School Psychology: Empowering Children with Life Skills."	Aligarh Muslim University, Aligarh	Prof. Shah Alam
2025	24th – 25th January 2025 2nd AoH and InSPA International Conference	Pondicherry University, Puducherry	Prof. Panch. Ramalingam
2024	14th InSPA International Conference on Research Prospects of School Psychology on 24 – 26 October 2024	Central University of Tamil Nadu, Thiruvallur	Dr. V. Vithya
2023	13th InSPA International Conference on Technology in the Practice of School Psychology on 3 – 5 November 2023	University of Science and Technology Meghalaya	Dr. Jerina Begum
2022	12th InSPA International Conference on 'Achieving Excellence in School Psychology', 02 - 04 October 2022	Pondicherry University, Puducherry	Dr. Panch. Ramalingam, Prof. B. Rangaiah, and Prof. A. Shahin Sultana
2021	11th InSPA International Conference on 'School Psychology: Focusing on Global Challenges', 06-08 January, 2022	Virtual Zoom	Prof. S. Thenmozhi and Dr. Panch. Ramalingam
2020	10th InSPA International Conference on "COVID19: Empowering Mental Health and Lifelong Learning in Children", 05-07 November, 2020	Virtual Google Meet	Prof. Shah Alam and Dr. Panch. Ramalingam
2019	9th InSPA International Conference on 'School Psychology: Professional Skills and Competencies', 14 – 16 November, 2019	Pandit Deendayal Petroleum University, Ahmedabad	Dr. Neeta Sinha
2018	8th InSPA International Conference on 'School Psychology: Broaden the Horizon towards Achieving Excellence in Children', 11 – 13 October, 2018	Andhra University Vishakhapatnam	Prof. MVR Raju
2017	7th InSPA International Conference on 'School Counselling and Skill Development among Children', 09 – 11 November, 2017	Mysore University Mysuru	Prof. G. Venkatesh Kumar
2017	National Conference on 'Psychological Skill Development among Students of Higher Education', 26 – 27 May, 2017	VIT University Chennai Campus	Dr. Maya Rathnasabapathy
2016	6th InSPA International Conference on 'Successful Mental Health and Well-being', 13 – 15 October, 2016	Pondicherry University, Puducherry	Dr. B. Rangaiah and Dr. Panch. Ramalingam
2015	5th InSPA International Conference on 'Developing Life Skills and School Development in India', 20 – 22 November, 2015	K B P College, Sector 15, Vashi, Navi Mumbai	Dr. R. Solomon
2014	4th Annual InSPA International Conference on 'School Psychology: Enhancing Psychological Competencies among School Students for Overall Development', 21 – 23 November, 2014	Gauhati University, Assam	Prof. Indranee Phookan Borooah
2013	3rd InSPA National Conference on 'School Psychology Services to Children with Multiple Disabilities', 21- 23 November, 2013	NIEPMD, Chennai	Dr. Neeradha Chandrmohan
2012	2nd InSPA National Conference on 'School Psychology: Mental Health Challenges', 22 – 24 November, 2012	Calicut University, Kerala	Dr. Baby Shari
2011	1st InSPA National Conference on 'School Psychology: Challenges and Opportunities', 26 – 28 November, 2011	Jai Narain Vyas University, Jodhpur	Dr. K. Ravi Gunthey
2011	33rd Annual Conference of International School Psychology Association (ISPA) on 'Educational Psychology in the context of Globalization, Diversity and Social Challenges', 19 -23 July, 2011	VIT University Vellore	Dr. Panch. Ramalingam Dr. S. Renukadevi

"Together for Psychologically Healthy, Inclusive and Empowered Schools"



Children
First



Research
for Impact



Collaboration
for Change



Inclusive
Communities



Brighter
Futures

Learn | Support | Empower | Include | Thrive



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INTERNATIONAL COLLABORATIONS

InSPA has developed academic collaborations with:



Asia Pacific School
Psychology Association (APSPA)



International School
Psychology Association (ISPA)



Universities in India and abroad



Professional associations



Educational institutions



Mental health organizations



Asia Pacific School
Psychology Association
(APSPA)



International School
Psychology Association
(ISPA)

*“Stronger
Together
for Children
Worldwide”*

These collaborations have facilitated joint conferences, faculty exchange, publications, and research partnerships.



Joint
Conferences



Faculty
Exchange



Publications



Research
Partnerships



InSPA REGIONAL CENTRES

To decentralize its activities, InSPA has initiated regional centres.



St. Joseph University
Chümoukedima, Nagaland

A notable development has been the establishment of the **InSPA North-East Regional Centre at St. Joseph University, Chümoukedima, Nagaland**, which serves as a hub for professional development, research, and outreach in the North-Eastern region.

The Association intends to establish additional regional centres in other parts of India.



**InSPA
Regional Centres**
Towards a Stronger,
More Inclusive India

**Regional Reach
Local Action
National Impact**



CONTRIBUTION TO SCHOOL PSYCHOLOGY IN INDIA

Over the past sixteen years, InSPA has made significant contributions to the development of School Psychology by:

- ✓ promoting professional awareness,
- ✓ organizing academic programmes,
- ✓ publishing scholarly literature,
- ✓ encouraging research,
- ✓ supporting school counselling,
- ✓ advocating for school mental health,
- ✓ strengthening international collaboration, and
- ✓ building professional networks.



Focus on Emerging Areas

- Neurodiversity
- Digital Counselling
- Positive Psychology
- Artificial Intelligence in Educational Settings

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