



# University of Madras

**Department of Counselling Psychology in association with  
Indian School Psychology Association (InSPA)**

*Organizing the*

**11<sup>th</sup> InSPA International Conference 2021**

*on*

**“School Psychology: Focusing Global Challenges”**

**11<sup>th</sup> to 13<sup>th</sup> November, 2021**

<b>Chief Patron</b>	: Prof. Dr. S. Gowri, Vice-Chancellor, University of Madras
<b>Patron</b>	: Prof. Dr. N. Mathivanan, Registrar, University of Madras
<b>Organizing Secretary</b>	: Dr. S. Thenmozhi, Professor & Head, Department of Counselling Psychology, University of Madras

## **About the Conference**

In this 21st century, there is a drastic increase in problems and challenges faced by school children, organization and educational sectors. Children can be affected by the same mental health issues as adults, though they typically express them in different ways. Every child experiences ups and downs at school. Changing classrooms, learning difficult material, disintegrated family system, broken family, financial issues, parental disputes, increase in the terminal illness and mental health issues amongst family members and also going through developmental changes are all sources of stress that can affect the child's behavior at school as well as his mental health. School Psychology is a system of psychological services for schools and a distinctive discipline within psychological sciences. The range of psychological services provided by school psychologists is very broad; therefore increasing the competency of the school psychologist to tackle the problems and nurture the children is a topic of concern. Psychological services were used by the state and school administration as they needed, including the times of reforms when it was necessary to evaluate the newly introduced measures. Theoretically it should be possible to influence changes in society by introducing systematic changes in education. Both positive and critical challenges are looked as an opportunity to make a difference and to contribute to a better future. And certainly, we see that schools are expected to challenge all variety of societal problems on a daily basis. Our communities need school psychologists to support students at school, to facilitate their academic development as well as their social and emotional learning.

The Department of Counseling Psychology, University of Madras, in association with Indian School Psychology Association (InSPA) are organising the present International Conference to explore and experience the global Challenges in School psychology and ways to deal with it effectively.

## **About the Department**

The Department of Counselling Psychology, University of Madras was started in the year 2015. The Department offers PG, M.Phil and Research (Ph.D) programs in Counselling

Psychology. Currently 150 students have registered under various programs in this Department. The courses are designed considering diversity in rapidly changing and globalized society, and the need for counselors in every field. Our Master's and Doctoral programs address the needs of individuals, couples and families across the lifespan in terms of research, teaching and counselling practice. Annually, our students receive "Best Paper awards" and qualify for the National Eligibility Test. Our students pursue higher education and are placed as corporate trainers, school/college counsellors, and assistant professors in colleges.

### **About the InSPA**

InSPA is a voluntary non-profit psychological service society. The primary aim of the Association is (i) to develop School Psychology as a sub-discipline, to promote value-based education and training to meet the needs of society, (ii) to promote communication among professionals who are committed to the improvement of the mental health of children in schools, and (iii) to establish Centers and promote high quality School Psychology programmes to meet the needs of specific groups, particularly children and teachers. InSPA is an affiliated association of the International School Psychology Association (ISPA), USA and Asia Pacific School Psychology Association (APSPA), Malaysia. InSPA has initiated to create awareness regarding the need for School Psychology training and services to the school teachers and children. In this mission, it has made a humble beginning by collaborating with like-minded teachers and psychologists who are trained in the field of educational, counselling and clinical psychology with the keen interest in School Psychology.

### **About Chennai City**

Chennai also known as Madras is the capital of the Indian state of Tamil Nadu. Located on the Coromandel Coast of the Bay of Bengal, it is one of the largest cultural, economic and educational centers of south India. Chennai is home to many museums, galleries, and other institutions. Chennai is a major centre for music, art and culture in India. The city is known for its classical dance shows. The *Madras Music Season*, initiated by Madras Music Academy in 1927, is celebrated every year during the month of December. With temples, beaches and centers of historical and cultural significance, including the UNESCO Heritage Site of Mahabalipuram, Chennai is one of the most-visited places in India.

### **Themes for Paper Presentation**

The theme is Internet addiction and the sub themes have been identified and participants may present their research papers on the following sub themes.

- Primary, middle and high school counselling
- Academic social and emotional learning

- Internet addiction (social media, gaming) among school children- a global perspective
- Global mental health challenges in school children
- Role of nutrition in mental health of school children
- Online classes, academic performance and mental health
- Social & Cultural Issues in School Counseling.
- Environmental sustainability through school programs
- School violence and bullying prevention
- School Counseling Program Evaluation.

**Instruction to Authors:** Abstract should be around 150-250 words and should include aim, methodology and results. Full paper should be around 1800-2200 words including tables. APA format for journal articles should be followed. Only registered participants can send the abstract and full paper.

The Peer Reviewed selected papers will be published in the InSPA Journal of Applied and School Psychology (UGC-CARE List)

**Last date for the submission of abstract: 30.06.2021**

**Last date for the submission for full paper: 10.10.2021**

**No spot registration will be allowed**

**Registration Fee  
(Inclusive of Lunch and Kit)**

Sl. No	Category	Dates	Early Bird 30.06.2020	Regular 30.09.2020	Spot
1	Faculty and Professional	11-13 Nov 2021	Rs.2000	Rs.3000	Rs.4000
2	Research Scholars and Students	11-13 Nov 2021	Rs.1000	Rs.1500	Rs.3000
3	Three day training on School Psychology Competencies	12-14 Nov 2021	Rs.2000	Rs.3000	-
4	One day workshop on NLP	14 Nov 2021	Rs.1000	Rs.1500	Rs.2000
5	Accompanying person	11-13 Nov 2021	Rs.3000	Rs.4500	
6	International Delegates (including accommodation)	Afternoon of 10 <sup>th</sup> to Forenoon of 13 <sup>th</sup> Nov 2019 (3 nights)	USD 200	USD 250	-