



15th InSPA International Conference on School Psychology: Empowering Children with Life Skills

In collaboration with Applied Psychology (Middle East, Subcontinent of India, and Asia Pacific)

(04 – 06 October 2025)

at

Aligarh Muslim University, Aligarh, India



Department of Psychology, Aligarh Muslim University, Aligarh

The Department of Psychology, Aligarh Muslim University, Aligarh enjoys the privilege of being one of the oldest departments in the subcontinent. With the foundations firmly laid in the traditions initiated by Prof. Anwar Ansari, the independent department of Psychology began to move towards the assimilation of contemporary modern directions in the field and pave the way to the emergence and development of many significant areas. During the process, areas like Experimental Psychology, Personality and Social Psychology, Clinical Psychology, Educational Psychology, Industrial Psychology, Counselling Psychology and Humanistic Psychology came to the fore. The department offers Undergraduate, Postgraduate and Ph.D. courses. The students/research scholars of the department were provided extensive training with exposure in all the areas of Psychology. The department has rich laboratories equipped with the latest equipment along with a computer lab and Well-being Cell.



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Indian School Psychology Association (InSPA)

InSPA is a voluntary non-profit psychological service society. The primary aim of the Association is (i) to develop School Psychology as a sub-discipline, to promote value-based education and training to meet the needs of society, (ii) to promote communication among professionals who are committed to the improvement of the mental health of children in Schools, and (iii) to establish Centers and promote high quality School Psychology programmes to meet the needs of specific groups, particularly children and teachers. InSPA is an affiliated association of the International School Psychology Association, USA and The Indian Academy of Applied Psychology, India.

InSPA took initiative to create awareness regarding the need for School Psychology training and services for the school teachers and children. With this mission, we have made a humble beginning by collaborating with like-minded teachers and psychologists who are trained in the field of educational, counselling and clinical psychology with a keen interest in School Psychology.

The first InSPA national conference was organized at Jai Narain Vyas University, Jodhpur from 26th to 28th November 2011, the 2nd national conference was held at Calicut University, Calicut in 2012, the 3rd national conference was organized at NIEPMD, Chennai in 2013, the 4th international conference on School Psychology was held at Gauhati University, Guwahati, Assam in 2014, the 5th International conference was conducted at KBP College of Arts and Commerce, Mumbai in 2015, and the 6th InSPA International conference was held at Pondicherry University on 13th - 15th October, 2016. The 7th InSPA International conference was held at Mysore University on 09th - 11th November, 2017 and 8th InSPA International conference was held at Andhra University on 11th - 13th October, 2018. The 9th InSPA International Conference was held at Pandit Deendayal Petroleum University, Gandhinagar on 14 – 16 November 2019. 10th and 11th by virtual at Aligarh Muslim University and Madras University in 2020 and 2021. 12th was at Pondicherry University in 2022, 13th at University of Science and Technology Meghalaya in 2023, and 14th at Central University of Tamil Nadu, Thiruvavur in 2024. All these conferences consist of keynote speeches, concurrent scientific sessions, presentation of papers, symposia, workshops, poster sessions, exhibition of products made by the Special children, cultural programmes, social events, interactive sessions and children's assemblies.

Conference Theme

School Psychology: Empowering Children with Life Skills and Mental Health

The role of learning cannot be overlooked. It is a continuous process, self-motivated, pursuit of knowledge for all. Lifelong learning not only enhances social inclusion, active citizenship and personal development but also self-sustainability and competitiveness. It is important to inculcate Life-Skills among School students for better learning and to spend a meaningful life.



Sub Themes

- Role of School Psychology in the Management of Mental Health.
- Promoting Mental Health in Schools and Educational Institutions.

- Counselling and Mental Health Issues.
- Mental Health Issues of School Children.
- Mental Health Problems of School Teachers.
- Educational Policies and its Impact on Mental Health.
- Promoting Mental Health through Skill Development.
- Mental Health Dimensions and their role in Sustainable development.
- Promoting Mental Health through Counseling.
- Mental Health and Emotional Abuse. Work place and Mental Health. Interpersonal Relation and Mental Health.
- Crowding and Mental Health. Academic Life, Career Competence and Mental Health
- Strategies for Promoting Mental Health.
- Any other relevant topic related to the Theme and Sub-Theme.

Please mention the sub-theme in the Abstract

On each sub-theme of this conference, a team of invited speakers/experts will deliver keynote presentations.

Keynote Speakers:

Prof. MVR Raju, Andhra University	Prof. VSR Vijayakumar, Chennai
Prof. Paul Batrola, University of Malta	Prof. Janet Muscutt, United Kingdom
Prof. Akbaruddin Ahmad, Bangladesh	Prof. Venketesh Kumar India

Invited Speakers

Prof. Janet Fernandes , St. Xavier's College, Goa	Dr. Bahman Iran
Prof. Wael Arab American University, Palestine	Prof. T. Santhanam SDS Academy, Chennai
Dr. Narendra Nepal	Prof. Chinu Agrawal Feeling Minds, Agra
Bahman Kord Tamini, University of Sistan and Baluchestan, Iran	Prof. Ozun Raziye Bilge from Alfred Adler Institute, Turkey
Prof. Sinir Ozlem from Bastin University, Turkey	Mrs. Sabuh Adhami Australia

Prof. Kamaluddin Bangladesh	Dr. Shamim Sri Lanka
Dr. Tehsin Haroon Turkey	

20th InSPA General Body Meeting

The 20th General Body Meeting of the Indian School Psychology Association will held on 4.10.2025 at 12.00 noon at Aligarh Muslim University, Aligarh. Dr. Panch. Ramalingam, President, InSPA will preside over the meeting. InSPA members are requested to send their proposals if any for consideration on or before 01st October, 2025.

Leadership Workshop

The leadership workshop will be held on the first day of the conference between 02.00 and 05.00 pm.

Pre-conference Workshop on School Psychology

The purpose of this workshop is to enable a practitioner, researcher, or other educational professional/teacher to present specific innovative techniques, methods and tools for psychologists from a practical point of view in relation to the conference theme. This is a three-day workshop on School Psychology Competencies on 5th October, 2025.

Three-day training programme on School Psychology Competencies

Convener: Dr. Yogini Nath and Dr. Mira Shah

India is a nation depicting unity in diversity. It is the largest democracy with a huge number of students' population. It is a multi-cultural and multilingual fast developing country in the Asian subcontinent. It has diverse schooling systems, which cater to the needs of the children. Children of these schools need proper psychological guidance to learn and acquire skills and abilities, which can be provided by School Psychologists. With this background, the InSPA is moving ahead of setting up its Institute of School Psychology for the purpose of research and training in School Psychology. This a major initiative of InSPA to conduct training programmes by inviting International experts to India. This three-day workshop is to provide hands-on training on school psychological competencies.

Training Modules

- Module I: Theoretical Framework of School Psychology
- Module II: Role of school psychologists, Overview of ISPA standards and Code of Ethics
- Module III: Knowing the world of school settings in India, Rules, Acts, Policies and knowing the school settings in India
- Module IV: Safe School and Friendly Accreditation
- Module V: Psychological Assessment and Intervention Techniques
- Module VI: Yoga and Meditation for school children

Children's Assembly

This is a special event of the InSPA to help and motivate the children. The Children's Assembly will be held on the second day of the Conference between 10.00 am and 12.00 noon. The children from various places in and around the Aligarh region will assemble and interact with the School Psychology experts. A new concept *Quiz contest* will be introduced to the children. Maximum 300 students between the age group 14 -17 years will be admitted to this session.

Expert: **Prof. V.S.R. Vijayakumar**. Formerly Professor, at the Institute of Management Technology, Nagpur, and Madras University, Chennai. His area of specialization is Organizational Behavior and Psychometric tests.

Cultural Event

Cultural programmes will be arranged in the evening of the first day (6.00 p.m.) followed by dinner.

General Assembly

This is a special event of the InSPA to help and motivate the parents and teachers. The General Assembly will be held on the third day of the Conference between 10.00 am and 12.00 noon.

InSPA Awards 2025

To promote School Psychology in India and to acknowledge the contributions and yeoman services by individuals / Institutions, InSPA has instituted some awards, which will be presented annually. Any InSPA member may submit nominations of individuals/ institutions with valuable documents on or before 31st March 2025. The details of awards are available at www.inspa.org.

Proposal for Presentation

Proposals are invited for symposia (90 minutes), round tables (45 minutes), workshops, individual paper and poster presentations (Poster size-30 x 20 inches).

Submission of Papers for Oral Presentation / Publication

Delegates are requested to submit their abstracts/ papers following APA style (7th Edition) on any of the listed sub-themes. To ensure a consistent high quality of all the presentations, participants are requested to submit the abstract in 100-200 words. The full text around 5000 words can be sent by email: inspaindia@gmail.com.

All the accepted abstracts received on or before 30.06.2025 will be published and distributed to the delegates on the first day of the conference. Selected papers will be published in the form of a book and a separate notification will be sent to the concerned authors.

General Instructions

1. Conference presentation of paper will be confirmed subject to submission of full paper and power point (PPT) to inspaindia@gmail.com on or before 30.06.2025.
2. The oral presentation does not require the submission of full paper. However, PowerPoint presentations will be accepted.
3. Registered delegates are most welcome to display their posters at the conference venue.

4. All suitable full papers would be considered for publication by the InSPA journal/ book and the corresponding authors would be intimated about signed agreement for publication along with the review comments of the papers.
5. Every registered delegate will be permitted to present one paper at a time allotted during the conference and will get the certificate of presentation at the concerned session of the conference. Presentation of additional papers, if any by the same author(s), is permitted based on the payment of Rs.1000/- (per paper).
6. Participation certificate will be given for individual delegates. Title of the paper presentation certificate purely based on the book of abstracts. Each paper with the name(s) of the author(s) given on one certificate.
7. The accompanying delegate, if interested in participating in the conference has to pay accompanying delegate fee.
8. Participation in all the three days are mandatory. There is no provision for one or two-day participation.
9. Transportation facilities not arranged. Registered delegates requested to reach the accommodation venue on their own.
10. Registration and other fees once paid will not be refunded and cannot be adjusted with other delegates.

Registration Fee: It can be paid in to the ...

Sl. No	Category	Dates	Early bird 30.06.2025	Regular 31.07.2025
	InSPA Members			
1	Faculty and Professional	04-06 Oct 2025	Rs.2000	Rs.2500
2	Research Scholars and Students	04-06 Oct 2025	Rs.1000	Rs.1500
3	Three-day training on School Psychology Competencies	04-06 Oct 2025	Rs.1500	-
4	Pre-conference Workshop on Career Counselling	04-06 Oct 2025	Rs.1000	-
5	Accompanying person	04-06 Oct 2025	Rs.1500	Rs.2000
	Non-Members			
1	Faculty and Professional	04-06 Oct 2025	Rs.2500	Rs.3000

2	Research Scholars and Students	04-06 Oct 2025	Rs.1500	Rs.2000
3	Three-day training on School Psychology Competencies	04-06 Oct 2025	Rs.2000	-
4	Pre-conference One-day workshop on Applying AI in School Psychology	03 Oct 2025	Rs.1500	Rs.2500
5	Accompanying person	04-06 Oct 2025	Rs.2500	Rs.3000
6	Accommodation Charges for double sharing	03 th to afternoon of 05 th Oct 2025 (3 Nights)	Rs.1500	Rs.2000

7	International Delegates Registration fee (including accommodation)	03 th to afternoon of 05 th Oct 2025 (3 Nights)	USD 200	-
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<u>Account Details for Registration Fee Payment</u> Participants are requested to transfer the registration fee to the following account: Account Holder Name:PROF SHAH ALAM Account Number:43800107161 Bank Name: State Bank of India, Branch: AMU, Branch, Aligarh IFSC Code:SBIN0005555	<u>Contact Us</u> For queries, feel free to contact: +917906769531 +919212148512 +917838735747	<u>Paper Submission & Enquiries</u> For submission of Abstracts and Full-Length Papers, and for any related queries, please contact: Email:icspecls2025@gmail.com Contact No.:+919760006488 (Kindly mention "Submission – [Your Paper Title]" in the subject line of your email.)
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Local Organising Committee (LOC)

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Prof. Naima Khatoon

Vice Chancellor, AMU, Aligarh

Patron

Prof. Mohd. Mohsin Khan

Pro Vice Chancellor, AMU, Aligarh

Co-Patron

Prof. Ikram Hussain

Dean, Faculty of Social Sciences, AMU, Aligarh

Conference Chairman

Dr. Panch. Ramalingam

President, InSPA

Conference Secretary

Prof. Shah Alam

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InSPA Team

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Dr. S. Suresh

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Department of Psychology

1. **Prof. Shah Alam** – Professor & Chairman
2. **Prof. (Mrs.) Asma Parveen** – Professor
3. **Prof. Roomana N. Siddiqui** – Professor
4. **Prof. Shah Mohd Khan** – Professor
5. **Dr. (Mrs.) Nasheed Imtiaz** – Associate Professor
6. **Dr. (Mrs.) S. Reshma Jamal** – Associate Professor
7. **Dr. Salma Kaneez** – Assistant Professor
8. **Dr. Mahvish Fatima** – Assistant Professor
9. **Dr. Asif Hasan** – Assistant Professor
10. **Dr. Sarah Javed** – Assistant Professor
11. **Dr. Heena Parveen** – Assistant Professor (Cont.)
12. **Dr. Ayesha Khan** – Guest Teacher
13. **Dr. Eisha Rahman** – Guest Teacher
14. **Dr. Nida Nafees** – Guest Teacher